

# CHECKLIST FOR ONLINE PRESENTATIONS / MEETINGS

## BEFORE STARTING

- ☐ Download the latest version of video software e.g. Zoom
- ☐ Check environment / background e.g. remove any clutter
- ☐ Check lighting - don't sit in front of window
- ☐ Check webcam position - are you at eye level?
- ☐ Check your audio + camera are working

## BEGINNING PRESENTATION

- ☐ Welcome everyone
- ☐ Go through agenda / running order of presentation
- ☐ Suggest when might be appropriate for Q and A

## DURING PRESENTATION

- ☐ Ensure to interact around every 5-7 minutes
- ☐ Check for understanding regularly e.g. is this making sense? Are you with me?
- ☐ Use of the word "you" - keep this very regular so that they feel involved

## CLOSING PRESENTATION

- ☐ Flag that you are about to close
- ☐ Check for any final questions
- ☐ Establish next steps
- ☐ Thank everyone for their time