On Your FEET

2 DAY VIRTUAL PRESENTATION SKILLS MASTERCLASS

LIVE AND ONLINE



ABOUT THIS MASTERCLASS

This live online 2-day masterclass is high energy, high impact and fast paced.

We spend the minimum time on theory and the maximum time helping each attendee bring their virtual presentation skills to the next level.

Throughout the masterclass, there will be several ad hoc opportunities to present to the group, with strong coaching.



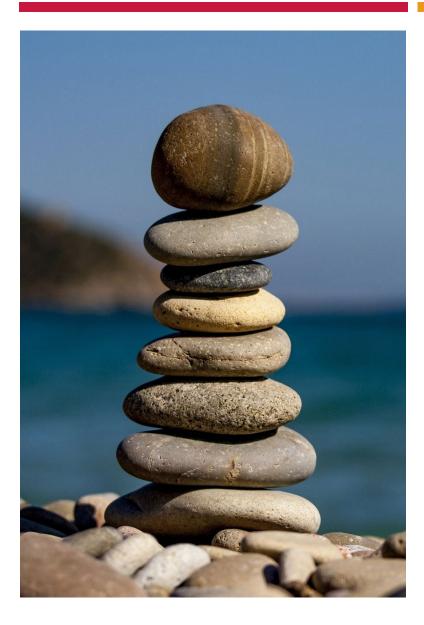


WHO WOULD BENEFIT?

This highly participative programme is for those who already have some prior presentation skills training or public speaking experience.

In particular, it is valuable for executives who speak to groups, sales people and those who need to be able to think on their feet.

The attendees are coached strongly and will see a significant shift in their presentation skills.



PROGRAMME OBJECTIVES

On completion of this 2 day programme, attendees will have gained skills, techniques and confidence to enable them to deliver high impact presentations.

Sample objectives include:

- ✓ The 3-step matrix to prepare
- Identify and enhance their own natural style
- ✓ Use the SSS of presenting
- Apply best practice for posture in a virtual setting
- Adjust body language for virtual delivery
- ✓ Maximise vocal impact
- ✓ Use props successfully

- Engage and connect with a virtual audience
- Control nerves and increase confidence
- Present with increased self-confidence
- ✓ 8 ways to open and 8 ways to close
- ✓ Understand PowerPoint best practice
- ✓ Present to persuade
- ✓ Answer questions effectively
- ✓ Communicate more credibly

METHODOLOGY

This programme is challenging, participatory, fast-moving and will focus on the attendees learning through discovery rather than "lecture-style" delivery.

We deliver via zoom, using a variety of interactive digital tools and delivery techniques to make this virtual programme varied and engaging. These include:



Breakout rooms to allow participants to discuss topics in small groups



Online polls and interactive noticeboard for brainstorming and gathering ideas



Several opportunities for attendees to contribute formally and ad hoc



Opportunity for each attendee to do several short presentations



Individual reflection time



1 to 1 personalised feedback to each individual

OUR 3-STEP APPROACH

<u>Before</u> the programme, we send participants our pre-course questionnaire and some light pre-work. This prework is discussed during the virtual programme.



During the programme, we keep things highly participatory. In the brief one to one feedback we highlight what is being done well and give very **specific** guidance on how to improve.



<u>After</u> the programme, attendees will be given **lifetime access** to a client only area on our website where we have helpful videos, books, talks, blogs and in-depth downloadable programme notes.

While there is an overall atmosphere of fun there is also a serious amount of learning taking place. In order to strike the best balance between personal attention and supportive group dynamics, we limit the number of attendees to **6-8**.

TESTIMONIALS



A really fantastic training session and I still use all of the pointers and have completely relaxed. No longer sound like I am a monotone news presenter!

Would really recommend this course. Very interactive, fast paced, safe environment, with lots of opportunities to practice.

The facilitator was very engaging and the topics and the way they were presented were excellent. I found it all very relevant to my role and will be implementing changes to how I prepare for and deliver presentations. This programme includes:

- Supply and analysis of coordinator questionnaire to ascertain your exact needs
- Supply and analysis of individual questionnaires by all participants
- Delivery of two day live sessions including personalised feedback to each participant
- ✓ Private life-long access to our useful resources

Please <u>contact us</u> for a price

Note: We offer a 100% refund if you are not entirely satisfied with our services.

OUR CLIENTS INCLUDE:



ABOUT ON YOUR FEET



We are a small team of facilitators, just 3 of us – Barbara, Majella and Kevin. We have all worked in business for several decades – both in Ireland and overseas. In addition to this we all hold internationally recognised training qualifications.

As a team we hold many qualifications. These vary from IT, to coaching, through to Masters degree level in Management Practice.

We believe that the combination of our **practical business** experience and the academic **qualifications** enable us to understand our clients and help them meet their business goals.

NEXT STEPS...



info@onyourfeet.ie

All of our live online programmes can be **customised to** suit the specific needs of your team.

Please don't hesitate to get in touch if you have any questions regarding this or any of our online programmes, or if you would like to check availability.



.....

+353 (0)87 226 6712

+353 (0)1 254 2206







