# On Your FEET

1 DAY VIRTUAL PRESENTATION SKILLS MASTERCLASS

LIVE AND ONLINE



## **ABOUT THIS MASTERCLASS**

During this one day fast paced, highly interactive LIVE online masterclass we focus on helping each attendee bring their virtual presentation skills to the next level.

While we do cover theory, we do it in a way that facilitates **learning by discovery**, making the content easier to digest and much more memorable.



#### **Please Note:**

We deliver this programme in **one day from 09:00 – 17:00** with several breaks. During some of these breaks there will be short specific assignments for the attendees to complete before returning to the group session.

#### OR

We can also deliver this over **two half days** (ideally consecutive)

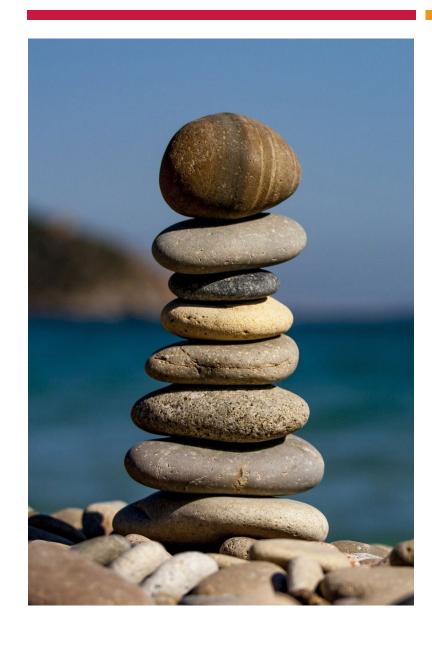


## WHO WOULD BENEFIT?

This programme is for those who wish to improve how they prepare for and deliver presentations.

While the focus is mainly on face to face presentations – the skills gained on this programme are relevant to any situation where you have to communicate verbally. This means that tools, techniques and skills are transferrable to help the attendees to communicate with added impact on virtual presentations.

It is suitable for those who already have some experience presenting but want to bring their skills to the next level.



## PROGRAMME OBJECTIVES

On completion of this 1 day programme, attendees will know how to:

- ✓ Implement a simple 3-step matrix to prepare for success
- ✓ Identify and enhance their own natural style
- ✓ Use the SSS of presenting
- ✓ Apply best practice for posture in a virtual setting
- Adjust body language for virtual delivery
- ✓ Maximise vocal impact

- ✓ Engage and connect with a virtual audience
- ✓ Control nerves
- Present with increased selfconfidence
- √ 8 ways to open and 8 ways to close
- ✓ Understand PowerPoint best practice

## **METHODOLOGY**

This programme is participatory, fast-moving and will focus on the attendees learning through discovery rather than "lecture-style" delivery.

We deliver via zoom, using a variety of tools and delivery techniques to make this virtual programme varied and engaging. These include:



Breakout rooms to allow participants to discuss topics in small groups



Opportunity for each attendee to do a very short introductory virtual presentation



Online polls and interactive noticeboard for brainstorming and gathering ideas



Individual reflection time



Several opportunities for attendees to contribute formally and ad hoc



1 to 1 brief personalised feedback to each individual on their presentation style with very specific guidance on how to improve

#### **OUR 3-STEP APPROACH**



<u>Before</u> the programme, we send participants our pre-course questionnaire and some light pre-work. This pre-work is discussed during the virtual programme.



<u>During</u> the programme, we keep things highly participatory. In the brief one to one feedback we highlight what is being done well and give very **specific** guidance on how to improve.



<u>After</u> the programme, attendees will be given **lifetime access** to a client only area on our website where we have helpful videos, books, talks, blogs and in-depth downloadable programme notes.

While there is an overall atmosphere of fun there is also a serious amount of learning taking place. In order to strike the best balance between personal attention and supportive group dynamics, we limit the number of attendees to 6-8.

#### **TESTIMONIALS**

#### COST

I loved the fact you went very deep in understanding our audience through pre-calls and questionnaires, that really helped in getting the most out of the day.

I usually lose focus on a call that lasts any longer than 30 minutes. But the facilitator was brilliant at keeping us engaged in a controlled way, over the course of the full day. This was the first indicator that I should heed her pointers and feedback. Really appreciated that her feedback then was thoughtful, honest & she also gave us plenty of opportunities to then implement it. Highly recommend.

I really enjoyed the two sessions and I'd especially compliment the adaptability in transforming an engaging in-person operation into the virtual world.

#### This programme includes:

- ✓ Supply and analysis of discovery document to ascertain your exact needs
- Supply and analysis of individual questionnaires by all participants
- ✓ Delivery of one day (or 2 x half days) live session including personalised feedback to each participant
- CPD Certificate of 7 hours to each participant on request
- ✓ Private access to our useful resources

Please **contact us** for cost.

**Note:** We offer a 100% refund if you are not entirely satisfied with our services.

## **OUR CLIENTS INCLUDE:**

















































































## ABOUT ON YOUR FEET



We are a small team of facilitators, but with a wide diverse of business experience both in Ireland and overseas. In addition to this we all hold internationally recognised training qualifications.

As a team we hold many qualifications. These vary from IT, to coaching, through to Masters degree level in Management Practice.

We believe that the combination of our **practical business** experience and the academic **qualifications** enable us to understand our clients and help them meet their business goals.

#### NEXT STEPS...



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Please don't hesitate to get in touch if you have any questions regarding this or any of our online programmes, or if you would like to check availability.











www.onyourfeet.ie

