# On Your FEET

### 1 DAY VIRTUAL PRESENTATION SKILLS MASTERCLASS

LIVE AND ONLINE



### **ABOUT THIS MASTERCLASS**

During this one day fast paced, highly interactive LIVE online masterclass we focus on helping you bring your virtual presentation skills to the next level.

While we do cover theory, we do it in a way that facilitates **learning by discovery**, making the content easier to digest and much more memorable.



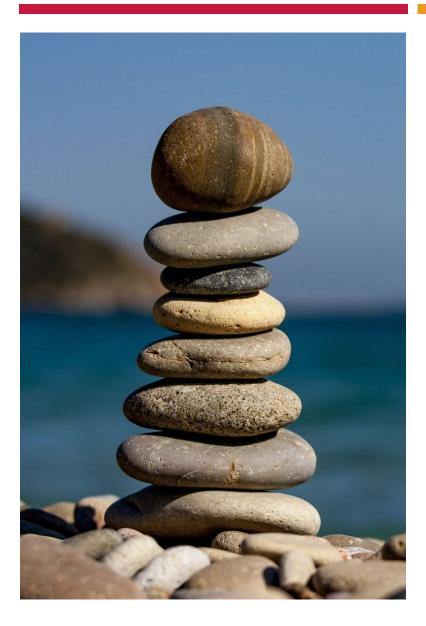


### WHO WOULD BENEFIT?

This programme is for those who wish to improve how they prepare for and deliver presentations.

While the focus is mainly on face to face presentations – the skills gained on this programme are relevant to any situation where you have to communicate verbally. This means that tools, techniques and skills are transferrable to help the attendees to communicate with added impact on virtual presentations.

It is suitable for those who already have some experience presenting but want to bring their skills to the next level.



## **PROGRAMME OBJECTIVES**

On completion of this 1 day programme, you will know how to:

- Implement a simple 3-step
  matrix to prepare for success
- ✓ Identify and enhance your own natural style
- ✓ Use the SSS of presenting
- Apply best practice for posture in a virtual setting
- Adjust body language for virtual delivery
- ✓ Maximise vocal impact

- Engage and connect with a virtual audience
- ✓ Control nerves
- ✓ Communiacte with increased self-confidence
- ✓ 8 ways to open and 8 ways to close
- ✓ Understand PowerPoint best practice

### **METHODOLOGY**

This programme is participatory, fast-moving and will focus on you learning through discovery rather than "lecture-style" delivery.

We deliver via zoom, using a variety of interactive digital tools and delivery techniques to make this virtual programme varied and engaging. These include:



Breakout rooms to allow participants to discuss topics in small groups



Online polls and interactive noticeboard for brainstorming and gathering ideas



Several opportunities for attendees to contribute formally and ad hoc



Opportunity for each attendee to do a very short introductory virtual presentation



Individual reflection time



1 to 1 brief personalised feedback to each individual on their presentation style with very specific guidance on how to improve

### **OUR 3-STEP APPROACH**

**<u>Before</u>** the programme, we send you our pre-course questionnaire and some light pre-work. This pre-work is discussed during the virtual programme.



**During** the programme, we keep things highly participatory. In the brief one to one feedback we highlight what is being done well and give very **specific** guidance on how to improve.



<u>After</u> the programme, you will be given **lifetime access** to a client only area on our website where we have helpful videos, books, talks, blogs and in-depth downloadable programme notes.

While there is an overall atmosphere of fun there is also a serious amount of learning taking place. In order to strike the best balance between personal attention and supportive group dynamics, we limit the number of attendees to **8**.

#### TESTIMONIALS



Just when you thought you had the perfect delivery you go on this online masterclass and realise there's lots of room for improvement. A session rich with tips, tricks and content well worth attending.

The facilitator was extremely knowledgeable in the area and created a safe and fun environment in which to learn the valuable tips and techniques provided. I will certainly apply this learning to improve virtual communication skills going forward and would recommend it to others.

#### **Cost includes:**

- Supply and analysis of individual pre-course questionnaire
- ✓ 1 full day live session
- ✓ One-to-one personalised feedback
- CPD Certificate of 7 hours to each participant on request
- ✓ Private access to our useful resources

€397 (plus VAT, where applicable). Early Bird rates apply. Note: We offer a 100% refund if you are not entirely satisfied with our services.

### **OUR CLIENTS INCLUDE:**



### **ABOUT ON YOUR FEET**



We are a small team of facilitators, but with a wide diverse of business experience both in Ireland and overseas. In addition to this we all hold internationally recognised training qualifications.

As a team we hold many qualifications. These vary from IT, to coaching, through to Masters degree level in Management Practice.

We believe that the combination of our **practical business** experience and the academic **qualifications** enable us to understand our clients and help them meet their business goals.

### NEXT STEPS...



#### info@onyourfeet.ie

All of our live online programmes can be **customised to** suit the specific needs of your team.

Please don't hesitate to get in touch if you have any questions regarding this or any of our online programmes, or if you would like to check availability.



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